

What to do in case of emergency

Most common symptoms of carbon monoxide poisoning:

- Headache
- Nausea and Vomiting
- Fatigue and Dizziness
- Weakness

What to do if you experience the symptoms of intoxication—whether or not the alarm goes off:

- Go outside.
- Find a safe place and call the Centre antipoison du Québec at 1-800-463-5060.
- If you are in an area served by a fire department, dial 9-1-1.
 - Wait until a firefighter gives you permission before going back inside, even if it's just for a few minutes. And don't use any fuel-burning devices until you have had them checked by a qualified person.
- If there is no fire department where you are, do not re-enter the building until you have had all fuel-burning devices checked by a qualified person.
- Inform the person in charge of the site (if there is one).

Examples of fuel-burning devices that may produce carbon monoxide include:

- Any non-electrical heating system
- Propane appliances, generators
- Outdoor equipment: BBQs, lamps, stoves
- Small power tools: chainsaws, compressors, mowers
- Motorized vehicles: ATVs, snowmobiles, etc.

To make the most out of your vacation, make sure you are using these devices safely!

PROTECT YOURSELF!

[Quebec.ca/
CarbonMonoxidePoisoning](http://Quebec.ca/CarbonMonoxidePoisoning)

Vacationers, STAY ALERT!

Carbon monoxide KILLS!





No matter where you vacation — in a cottage, hunting or fishing lodge, recreational vehicle, or tent — **the risk of carbon monoxide poisoning is very real.**

Carbon monoxide is an invisible, odorless **toxic gas** that can cause permanent damage and even death.

Only a detector can alert you to its presence.

Precautions to take

Install a battery-operated carbon monoxide detector and make sure it works correctly.

Follow the rules for use, maintenance, and safety of your fuel-burning devices:

- Run your generators outside the home, as far as possible from doors and windows.
- Never operate a grill, small gas-powered tool, or motorized vehicle in a closed space—even with the door open.
- Never obstruct appliance inlets or outlets.
- Never use a gas oven or portable stove for heating purposes.

What to do if your carbon monoxide alarm goes off but you are not experiencing any symptoms:

If you are in an area served by a fire department:

- Go outside, then dial 9-1-1.
- Wait until a firefighter gives you permission before going back inside.
- Don't use any fuel-burning devices until you have had them checked by a qualified person.

If there is no fire department where you are:

- Open all doors and windows.
- Go outside.
- Shut off the fuel supply to all fuel-burning devices (e.g., propane or gasoline tanks, gasoline-powered devices).
- Don't use any fuel-burning devices until you have had them checked by a qualified person.

Inform the person in charge of the site (if there is one).