

Information for a caregiver visiting a patient at the JRH

It is with great pleasure that we welcome you to the Jewish Rehabilitation Hospital (JRH) to visit your loved one during this pandemic period. You must comply with several instructions during your visits so that everyone remains safe.

Only one visitor at a time can visit a patient in the room.

Monitoring of symptoms and contacts with Covid

Before you come to the JRH, it will be important to monitor your symptoms. You will have to postpone your visit if:

- You have one of the symptoms related to Covid (fever, cough, difficulty breathing, sudden loss of taste or smell, stomach ache, sore throat, diarrhea, headaches, intense fatigue, important loss of appetite, nausea, vomiting, and runny nose).
- Positive result to Covid and confinement measures are still in place.
- You are waiting for the result of a Covid screening test.
- You had contact at less than 2 meters for more than 10 minutes with a Covid person or a person waiting for result of screening test.

Visiting hours

Monday to Sunday: 09:00am to 9:00 pm

Personal belongings

During your visit, we ask you to bring a minimal amount of personal belongings. If you bring personal belongings to your loved one, be sure to perform hand hygiene before and after handling the belongings.

Movement in areas

- You will be required to inform the security guard upon your arrival at the hospital, during each of your visits, both inside and outside. You will also need to let him know when you leave the hospital.
- You must respect the physical distance of 2 meters at all times, inside the building as well as outside with all persons (employees, visitors, other patients).
- You can only go directly from the main entrance to the care unit and then return to the main entrance.
- Access to common areas is forbidden (cafeteria, lounges).
- It is forbidden to eat or drink in the patient's room, to avoid removing your mask.
- Only use bathrooms designated for visitors located on the main floor in the hallway facing the elevators.
- Walks on hospital grounds are permitted for patients who are not in isolation. A maximum of 5 people at the same time can visit the patient. All must have received training in infection prevention measures, wear protective equipment and report to the security guard before seeing the patient.
- If a patient is under isolation, it is possible to accompany him for a walk in the corridor of the care unit while respecting the physical distance of 2 meters and the wearing of protective equipment.

Protection equipment

- Only use the equipment provided by the hospital (no personal mask).
- The mask and visual protection must be worn at all times even outside on hospital grounds.
- Avoid touching your face as much as possible. If you must touch your face, wash your hands before and after doing so.
- If your loved one is under isolation (sign at the door), you must wear the gown and gloves before entering the room. Upon exiting the room, the gown and gloves must be removed according to the exit procedure.
- Washing your hands will take place upon entering and exiting the hospital as well as entering and exiting the patient's room.
- The visual protection equipment will be deposited in the designated blue recycling container located at the main entrance.
- The mask will be discarded at the end of your visit and cannot be used again for further visits.

A visitor who would not respect the above instructions could have his visiting privileges at the Jewish Rehabilitation Hospital removed.

Available resources:

Video on hand hygiene (source, CIUSSS du Centre-Sud-de-l'Île-de-Montréal)

https://www.youtube.com/watch?time_continue=11&v=knoykyiAKv4&feature=emb_logo

Video on how to wear individual protection equipment (dressing and undressing)

https://www.youtube.com/watch?time_continue=2&v=uDDnbds01-0&feature=emb_logo

We thank you for your precious collaboration!

Last update: 2021-06-10