

## The Centre intégré de santé et de services sociaux (CISSS) de Laval modifies visiting hours for living environments and health facilities

Laval, January 8, 2021 – The Centre intégré de santé et de services sociaux (CISSS) de Laval would like to announce changes to the visiting hours in living environments and health facilities in order to comply with the curfew announced by the Québec government, which will begin on January 9, 2021. As of January 9, 2021 until the curfew is lifted by the government, all visits will end at 7:30 p.m. in all CISSS de Laval facilities.

### Reminder – Living environments

Due to the COVID-19 pandemic and the level 4 (red) alert in the Laval region, visitors are no longer allowed access. However, caregivers who provide significant assistance or support are still permitted to visit public and private CHSLDs, intermediary resources of 20 beds and more and private seniors' residences (PSR). Only one person is permitted per period of 24 hours.

### Reminder – Hospital and non-traditional sites

The CISSS de Laval is temporarily restricting visits to the Hôpital de la Cité-de-la-Santé, to non-traditional care sites and to the Jewish Rehabilitation Hospital (JRH). Visitors and support persons are no longer allowed given the alert level in force, with the exception of those visiting users who are receiving palliative or end-of-life care, where visits are permitted at all times in keeping with certain conditions. Caregivers are also authorized during visiting hours.

### Important prevention measures

The CISSS de Laval is counting on everyone's cooperation in following the prevention measures aimed at curbing the spread of COVID-19. It is important to respect individual protection measures and to proceed with hand hygiene for at least 20 seconds when entering and leaving health or residential facilities.

### Members of the public are asked not to visit health facilities if:

- They have flu-like symptoms (fever, cough, breathing difficulties, muscle aches).
- They have returned from travel outside Canada less than 14 days ago.
- They have had contact with someone returning from a trip or someone who has been diagnosed with COVID-19.

### About the CISSS de Laval

The CISSS de Laval is fully dedicated to learning, innovating and excelling in order to offer residents of Laval and surrounding areas a full range of integrated, quality health and social services accessible to all. Its human capital includes over 10,000 employees and doctors working in 32 facilities, including the Hôpital de la Cité-de-la-Santé, the Jewish Rehabilitation Hospital, the Centre de services ambulatoires de Laval, six CLSCs, five residential centres, the Centre de protection de l'enfance et de la jeunesse de Laval, the Centre de réadaptation en dépendance de Laval and the Centre de réadaptation en déficience intellectuelle et troubles envahissants du développement de Laval. The CISSS de Laval is a research and teaching facility affiliated to Université de Montréal and McGill University. For more information about the CISSS de Laval and the services offered in its facilities, go to [www.lavalensante.com](http://www.lavalensante.com).

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