Hello,

Please take note of the following information and share it with your family, friends, neighbors, etc.

Following the interruption of electricity services in the greater metropolitan area since Wednesday, several Laval families have been victims of carbon monoxide poisoning.

Indeed, due to the absence of electricity, many citizens have used heating or cooking appliances inside their homes.

This represents a serious danger of carbon monoxide (CO) poisoning. Carbon monoxide is a toxic, odorless, colorless and tasteless gas generated by combustion.

PREVENTION MESSAGE:

We remind you that propane heating or cooking equipment should be used outside the home.

Barbecue and camping equipment should never be used as an alternative heating source or for cooking inside the house. Fuel burning appliances (oil, gas, wood, gasoline, coal or propane) should not be used indoors.

People are encouraged to go to heating areas ("hot spots") and emergency shelters set up by the city or to large heated spaces such as libraries, shopping malls, etc.

Symptoms of carbon monoxide poisoning include:

- Headaches
- Dizziness
- Fatigue
- Visual disturbances
- Nausea
- Vomiting

In severe cases, poisoning can lead to unconsciousness, convulsions and even death.

If you suspect carbon monoxide poisoning, you should call 911.

FOR MORE INFORMATION:

Laval Public Health Department website: https://www.lavalensante.com/informations-pratiques/espace-usager/conseils-de-sante/monoxyde-de-carbone/

Québec.ca government portal - Preventing carbon monoxide poisoning: https://www.quebec.ca/sante/conseils-et-prevention/sante-et-environnement/prevenir-les-intoxications-au-monoxyde-de-carbone#c3971

Quebec government website.ca - Power outages: https://www.quebec.ca/securite-situations-urgence/urgences-sinistres-risques-naturels/quoi-faire-avant-pendant-apres-urgence-sinistre/panne-courant

List of emergency shelters and hot spots - City of Laval: https://www.laval.ca/Pages/Fr/Citoyens/conditions-hivernales-extremes.aspx