

YOUR RESPONSIBILITY

To access these services, you must agree to :

- Be evaluated annually.
- Actively participate and cooperate in creating and re-evaluating your service plan.
- Follow the established service plan.
- Respect the **conditions for home care services**.

IF YOU HAVE QUESTIONS ABOUT THIS PROGRAM...

Don't hesitate to talk to your case manager, who will be happy to answer your questions.

To access this program, you can also contact the first-line health service intake.

450 627-2530
Extension: 64922

FOR MORE INFORMATION,
VISIT THE WEBSITE OF THE
CISSS DE LAVAL

www.lavalensante.com

UNDER THE SECTION
CARE AND SERVICES

LIST OF CARE AND SERVICES

INTELLECTUAL DISABILITY (ID)
AUTISM SPECTRUM DISORDER (ASD)
GLOBAL DEVELOPMENTAL DELAY (GDD)

PROGRAMS FOR PEOPLE
WITH DISABILITIES

*Centre intégré
de santé
et de services sociaux
de Laval*

Québec 

Home support
Direction DI-TSA-DP
Uptaded version 2017-12-28



About
the Program for
Intensive Long-
Term Home Care
Services for People
with Disabilities
(POSILTPH)

Québec 

ABOUT THE POSILTPH

This program provides support to individuals with disabilities and their families so that they can lead an active life and fulfill their responsibilities while continuing to carry out their social and family roles as normally as possible.

WHO THIS SERVICE IS FOR

The POSILTPH program is for people aged 60 years and under at the time of admission and for people who have the profile of someone with a disability.

ELIGIBILITIES

- Provide a diagnosis attesting to the disability.
- Present a situation of handicap.
- Be a resident of the Laval territory and live at home.
- People who need more than 5 hours or more of home care services per week (maximum of 44 hours per week).

GOALS

The main goals of this program are to promote home support for people with disabilities and maintain their independence and community integration. It also aims to help families fulfill their responsibilities, prevent or delay institutionalization, and prevent exhaustion in family caregivers.

AVAILABLE SERVICES

The services delivered must compensate for the functional limitations of people with disabilities in their activities of daily living (AVQ) and home living activities (AVD). These services are established and prioritized based on an evaluation of the person's needs.

Below is an overview of these services:

AVQ

- Help getting dressed
- Help with personal hygiene
- Help with eating
- Help getting around and with transfers

AVD

- Housekeeping services
- Meal preparation

- Laundry
- Grocery shopping and other

RESPONSIBILITY OF THE CISSS DE LAVAL

When providing this service, the CISSS de Laval agrees to :

- Ensure that your case manager evaluates your needs and establishes your intervention plan as well as the need for other services, if necessary.
- Ensure that services are re-evaluated according to a set schedule and that your intervention plan is updated.
- Ensure that you get the required information about the **conditions for home care services**.